Kind of food and weight base		Pounds per per annum	capita		Percentages of 1968-72 average	
		Average 1968-72	1973	1974	1973	1974
Cucumbers, fresh Onions, not processed Asparagus, fresh canned frozen	net wt canned retail wt	2.6 12.0 0.3 0.4	3.0 11.8 0.3 0.5	3.4 11.2 0.3 0.5	115.4 98.3 100.0 125.0	130.8 93.3 100.0 125.0
Rutabagas, fresh Broccoli, fresh frozen Brussels sprouts, fresh frozen Unspecified, fresh canned frozen		4.3 0.7 0.2 0.2 0.2	4.8 1.0 0.3 0.2 0.2	5.4 1.2 0.3 0.2 0.2	111.6 142.9 150.0 100.0 100.0	125.6 171.4 150.0 100.0 100.0
	net wt canned retail wt	1.7 2.8 1.0	0.6 2.9 0.5	0.9 3.3 1.2	35.3 103.6 50.0	52.9 117.9 120.0
MUSHROOMS Fresh Canned	fresh equiv. retail wt net wt canned	2.5 0.7 1.2	3.9 1.0 2.0	4.5 1.2 2.2	156.0 142.9 166.7	180.0 171.4 183.3
POTATOES White Sweet	fresh equiv.	159.8 159.6 0.4	154.5 153.9 0.6	152.4 151.6 0.7	96.7 96.4 150.0	95.4 95.0 175.0
MEAT Pork Beef Veal Mutton and Jamb Offal Canned meat ^a	carcass wf	159.5 58.6 87.6 4.9 4.5 3.9	159.9 57.6 91.8 3.2 3.7 3.6 0.9	164.3 59.8 94.7 3.5 2.5 3.7	100.3 98.3 104.8 65.3 82.2 92.3	103.0 102.1 108.1 71.4 55.6 94.9
EGGS	fresh equiv.	31.8	29.2	28.5	91.8	89.6
POULTRY ^a Chicken Fowl Turkey Duck Goose	eviscerated wi	43.6 29.5 3.5 10.1 0.3 0.2	46.8 32.8 3.3 10.2 0.4 0.2	45.5 31.0 3.2 10.5 0.6 0.2	107.3 111.2 94.3 101.0 133.3 100.0	104.4 105.1 91.4 104.0 200.0 100.0
FISH Fish and shellfish, fresh and frozen ⁴ Fish, cured (smoked, salted, pickled) Fish and shellfish, canned	edible wi	12.3 7.6 0.9 3.9	12.2 7.4 0.6 4.2	11.8 7.4 0.4 4.0	99.2 97.4 66.7 107.7	95.9 97.4 44.4 102.6
MILK AND CHEESE Cheddar cheese Process cheese Other cheese Evaporated whole milk Condensed whole milk and cream Miscellaneous milk products ⁸ Powdered whole milk and cream Miscellaneous milk products ⁸ buttermilk	milk solids retail wi 	58.9 3.9 4.7 3.3 2.0 12.3 0.9 0.3 0.2 6.8 0.5	59.5 4.9 5.5 4.0 2.4 10.5 0.9 0.1 0.1 5.2 0.4	60.2 5.2 5.7 4.3 2.3 9.7 0.8 0.1 0.1 5.6 0.3	101.0 125.6 117.0 121.2 120.0 85.4 100.0 33.3 50.0 76.5 80.0	102.2 133.3 121.3 130.3 115.0 78.9 88.9 33.3 50.0 82.4 60.0
whey Miscellaneous by-products ² Fluid whole milk* Milk in ice cream	10 10 10 10	2.2 1.8 273.8 38.6	2.3 2.0 267.7 40.8	2.6 1.9 267.1 40.2	104.5 111.1 97.8 105.7	118.2 105.6 97.6 104.1
BEVERAGES Coffee Cocoa	tea leaf equiv. green beans	2.4 9.3	2.5 9.3 3.8	2.5 9.4 3.2	104.2 100.0	104.2 101.1

Per capita supplies of food moving into consumption 1973 and 1974, with average for 1968-72 11.25 (concluded)

Includes pickles, relishes, vegetables used in soups, etc. Per capita consumption not comparable with previous years. Excludes Newfoundland. Excludes Newfoundland. Hancludes formula milk, concentrated liquid milk and malted milk. Part of this product is used for animal feeds. Thachades evaporated and condensed skim milk, condensed buttermilk, sugar of milk, formula skim milk products and concentrated liquid skim milk. Includes cream expressed as milk.